# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

# FORM 8-K

# CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): May 16, 2024 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware	1-11840		36-3871531
(State or other jurisdiction of incorporation)	(Commission File Number)		(IRS Employer Identification No.)
3	3100 Sanders Road, Northbrook, Illinois	60062	
(	Address of principal executive offices) (Zi	p Code)	
Registrant'	s telephone number, including area code (8	347) 402-5000	
Check the appropriate box below if the Form 8-the following provisions:	K filing is intended to simultaneously satisfy	the filing obligatio	n of the registrant under any of
<ul> <li>□ Written communications pursuant to Rule 42.</li> <li>□ Soliciting material pursuant to Rule 14a-12 u</li> <li>□ Pre-commencement communications pursua</li> <li>□ Pre-commencement communications pursua</li> </ul>	nder the Exchange Act (17 CFR 240.14a-12 nt to Rule 14d-2(b) under the Exchange Ac	2) t (17 CFR 240.14c	· //
Securities registered pursuant to Section 12(b)	of the Act:		
Title of ea	ach class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share		ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053		ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H		ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750	% Noncumulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 7.375	% Noncumulative Preferred Stock, Series J	ALL PR J	New York Stock Exchange
Indicate by check mark whether the registrant is of this chapter) or Rule 12b-2 of the Securities E			Securities Act of 1933 (§230.409
	Emergin	ng growth compan	у 🗆
If an emerging growth company, indicate by check	mark if the registrant has elected not to use t	he extended transit	tion period for complying with any

new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \_\_\_\_\_

### Section 7 - Regulation FD

# Item 7.01. Regulation FD Disclosure

The Registrant's press release dated May 16, 2024, announcing estimated catastrophe losses for April 2024, is posted on all state investors.com and attached hereto as Exhibit 99, which is incorporated herein by reference. This exhibit is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

#### Section 9 - Financial Statements and Exhibits

Item 9.01.	Financial Statements and Exhibits
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(d) Exhibits

Exhibit No. Description

99 The Registrant's press release dated May 16, 2024

104 Cover Page Interactive Data File (formatted as inline XBRL).

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### THE ALLSTATE CORPORATION

(Registrant)

By: /s/ John C. Pintozzi

Name: John C. Pintozzi

Title: Senior Vice President, Controller and Chief Accounting Officer

Date: May 16, 2024



# **NEWS**

#### FOR IMMEDIATE RELEASE

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#### Allstate Announces April 2024 Catastrophe Losses

NORTHBROOK, III., May 16, 2024 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of April of \$494 million or \$390 million, after-tax.

Catastrophe losses included 11 events estimated at \$491 million, with approximately 80% of the losses related to four wind, hail or tornadic events.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

#### **Forward-Looking Statements**

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement.