UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): April 19, 2012

THE ALLSTATE CORPORATION

(Exact Name of Registrant as Specified in Its Charter)

| | Delaware |
|-----|--|
| | (State or Other Jurisdiction of Incorporation) |
| | 1-11840 36-3871531 |
| | (Commission File Number) (IRS Employer Identification No.) |
| | 2775 Sanders Road, Northbrook, Illinois 60062 |
| | (Address of Principal Executive Offices) (Zip Code) |
| | Registrant's telephone number, including area code: (847) 402-5000 |
| | the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of lowing provisions: |
| [] | Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) |
| [] | Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) |
| [] | Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) |
| [] | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) |

Section 7 – Regulation FD

Item 7.01. Regulation FD Disclosure.

On April 19, 2012, the Registrant issued a press release announcing its estimated catastrophe losses for March 2012 and for the first quarter of 2012. A copy of the press release is attached hereto as Exhibit 99 and is incorporated herein by reference. The press release is furnished and not filed pursuant to Instruction B.2 of Form 8-K.

Section 9 – Financial Statements and Exhibits

Item 9.01. Financial Statements and Exhibits.

(d) **Exhibits**

> Exhibit No. **Description**

99 Registrant's press release dated April 19, 2012. The press release is furnished

and not filed, pursuant to Instruction B.2 of Form 8-K.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

By: /s/ Jennifer M. Hager

Name: Jennifer M. Hager

Title: Vice President, Assistant

General Counsel and Assistant Secretary

Date: April 19, 2012



NEWS

FOR IMMEDIATE RELEASE

Contacts: Maryellen Thielen Media Relations (847) 402-5600

Robert Block Investor Relations (847) 402-2800

Allstate Announces March Catastrophe Loss Estimate

NORTHBROOK, Ill., April 19, 2012 - The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of March 2012 of \$190 million, pre-tax, and an estimated \$260 million, pre-tax, for the first quarter of 2012. The first quarter catastrophe losses comprised 15 events at an estimated cost of \$420 million, a result similar to first quarter 2011, partially offset by favorable reserve reestimates of prior year catastrophe losses.

This announcement is made as part of Allstate's previously announced plan to release month and quarter-to-date catastrophe losses when a monthly estimate exceeds \$150 million. The company plans to release this information no later than the third Thursday of the following month.

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate®" slogan, Allstate is reinventing protection and retirement to help nearly 16 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products (auto, home, life and retirement) and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via www.allstate.com and 1-800 Allstate.

Forward-Looking Statements and Risk Factors

This news release contains forward-looking statements about catastrophe losses. These statements are based on our estimates and assumptions that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. Management believes the estimated impact of catastrophe losses, including net loss reserves, are appropriately established and recorded based on available facts, information, laws and regulations. However, actual results may differ materially from those projected in the forward-looking statements in this news release and from the amounts currently recorded for a variety of reasons, including the following:

- Our policyholders' ability to report and our ability to adjust claims have been impeded by the extent of the devastation and the number of areas affected.
- It is particularly difficult to assess the extent of damage in the initial stages of adjusting residential property losses.
- Our estimate for the ultimate costs of repairs may not prove to be correct because of increased demand for services and supplies in the areas affected by the catastrophes.
- The number of incurred but not reported (IBNR) claims may be greater or less than current anticipated.

We assume no obligation to update any forward-looking statements as a result of new information or future events or developments.