

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549**

FORM 11-K

(Mark One):

ANNUAL REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the fiscal year ended December 31, 2009

OR

TRANSITION REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the transition period from _____ to _____

Commission file number 1-11840

A. Full title of the plan and the address of the plan, if different from that of the issuer named below:

**ALLSTATE 401(k) SAVINGS PLAN
(FORMERLY THE SAVINGS AND PROFIT SHARING FUND OF
ALLSTATE EMPLOYEES)**

B. Name of issuer of the securities held pursuant to the plan and the address of its principal executive office:

**THE ALLSTATE CORPORATION
2775 SANDERS ROAD, SUITE E-5
NORTHBROOK, ILLINOIS 60062-6127**

Allstate 401(k) Savings Plan

Financial Statements as of and for the
Years Ended December 31, 2009 and 2008,
Supplemental Schedule as of
December 31, 2009, and
Report of Independent Registered Public Accounting Firm

ALLSTATE 401(k) SAVINGS PLAN

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NOTE: All other supplemental schedules required by Section 2520.103-10 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 have been omitted because they are not applicable.

REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

To the Trustee and Participants of
Allstate 401(k) Savings Plan
Northbrook, Illinois

We have audited the accompanying statements of net assets available for benefits of the Allstate 401(k) Savings Plan (the "Plan") as of December 31, 2009 and 2008, and the related statements of changes in net assets available for benefits for the years then ended. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with the standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. The Plan is not required to have, nor were we engaged to perform, an audit of its internal control over financial reporting. Our audits included consideration of internal control over financial reporting as a basis for designing audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion. An audit also includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements, assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, such financial statements present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2009 and 2008, and the changes in net assets available for benefits for the years then ended in conformity with accounting principles generally accepted in the United States of America.

Our audits were conducted for the purpose of forming an opinion on the basic financial statements taken as a whole. The supplemental schedule listed in the table of contents is presented for the purpose of additional analysis and is not a required part of the basic financial statements but is supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. The supplementary information by fund in the statements of net assets available for benefits and the statements of changes in net assets available for benefits is presented for the purposes of additional analysis rather than to present the net assets available for benefits and changes in net assets available for benefits of the individual funds. The supplemental schedule and supplementary information by fund is the responsibility of the Plan's management. Such supplemental schedule and supplementary information by fund have been subjected to the auditing procedures applied in our audits of the basic financial statements and, in our opinion, are fairly stated in all material respects when considered in relation to the basic financial statements taken as a whole.

/s/ DELOITTE & TOUCHE LLP

Chicago, Illinois
June 7, 2010

ALLSTATE 401(k) SAVINGS PLAN
STATEMENT OF NET ASSETS AVAILABLE FOR BENEFITS
AS OF DECEMBER 31, 2009
(Dollars in thousands)

	Supplementary Information			Total
	Participant-Directed Funds	Allstate Stock Fund	ESOP Company Shares Unallocated	
ASSETS				
Investments—At fair value:				
The Allstate Corporation common stock	\$	\$ 545,460	\$ 166,489	\$ 711,949
Invesco Institutional (N.A.) Inc. Stable Value Fund	710,025			710,025
Funds managed by State Street Global Advisors (SSgA):				
SSgA Passive Bond Market Index Fund	268,962			268,962
SSgA Allstate Balanced Fund	451,994			451,994
SSgA S&P 500 Flagship Fund	589,252			589,252
SSgA Daily EAFE Index Fund	280,314			280,314
iSgA Russell 2000 Index Fund	274,088			274,088
Collective short-term investment fund		17,263	14	17,277
Participant notes receivable	94,538			94,538

Total investments	2,669,173	562,723	166,503	3,398,399
Receivables:				
Dividends and interest	2	3,215	1,109	4,326
Employer contributions		4,445		4,445
Participant contributions	4,169	509	4,678	
Interfund		7,037		7,037
Total receivables	4,171	15,206	1,109	20,486
Other assets	851			851
Total assets	2,674,195	577,929	167,612	3,419,736
LIABILITIES				
ESOP loan (Notes 1 and 3)			22,467	22,467
Payables:				
Other	528	14,454		14,982
Interfund			7,037	7,037
Total liabilities	528	14,454	29,504	44,486
NET ASSETS AVAILABLE FOR BENEFITS AT FAIR VALUE	2,673,667	563,475	138,108	3,375,250
Adjustments from fair value to contract value for fully benefit-responsive investment contracts	(23,092)			(23,092)
NET ASSETS AVAILABLE FOR BENEFITS	\$ 2,650,575	\$ 563,475	\$ 138,108	\$ 3,352,158

See notes to financial statements.

**ALLSTATE 401(k) SAVINGS PLAN
STATEMENT OF NET ASSETS AVAILABLE FOR BENEFITS
AS OF DECEMBER 31, 2008
(Dollars in thousands)**

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	Supplementary Information			Total
	Participant-Directed Funds	Allstate Stock Fund	ESOP Company Shares Unallocated	
ASSETS				
Investments—At fair value:				
The Allstate Corporation common stock	\$	\$ 551,132	\$ 189,372	\$ 740,504
Invesco Institutional (N.A.) Inc. Stable Value Fund	682,463			682,463
Funds managed by State Street Global Advisors (SSgA):				
SSgA Allstate Passive Bond Market Index Fund	256,227			256,227
SSgA Allstate Balanced Fund	405,239		405,239	
SSgA S&P 500 Flagship Fund	458,528			458,528
SSgA Daily EAFE Index Fund	189,625			189,625
SSgA Russell 2000 Index Fund	208,820			208,820
Collective short-term investment fund		26,918	76	26,994
Participant notes receivable	93,765			93,765
Total investments	2,294,667	578,050	189,448	3,062,165
Receivables:				
Dividends and interest	19	6,655	2,375	9,049
Employer contributions		1,252		1,252
Other		3,047		3,047
Interfund		7,808		7,808
Total receivables	19	18,762	2,375	21,156
Other assets	603			603
Total assets	2,295,289	596,812	191,823	3,083,924

LIABILITIES

ESOP loan (Notes 1 and 3)			22,467	22,467												
Payables:																
Other	636	28,113		28,749												
Interfund			7,808	7,808												
	<u>636</u>	<u>28,113</u>	<u>30,275</u>	<u>59,024</u>												
Total liabilities	636	28,113	30,275	59,024												
NET ASSETS AVAILABLE FOR BENEFITS AT FAIR VALUE				3,024,900</p> </td></tr> <tr> <td="">Adjustments from fair value to contract value for fully benefit-responsive investment contracts</tr>>	2,294,653	568,699	161,548	>/p> </td></tr> <tr> <td=""></tr>>	<u>17,204</u>			<u>17,204</u>	\$ 2,311,857	\$ 568,699	\$ 161,548	\$ 3,042,104

See notes to financial statements.

**ALLSTATE 401(k) SAVINGS PLAN
STATEMENT OF CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS
FOR THE YEAR ENDED DECEMBER 31, 2009
(Dollars in thousands)**

	<u>Supplementary Information</u>			
	<u>Participant-Directed Funds</u>	<u>Allstate Stock Fund</u>	<u>ESOP Company Shares Unallocated</u>	<u>Total</u>
ADDITIONS				
Net investment income (loss):				
Net appreciation (depreciation) in fair value of investments	\$ 313,801	\$ (44,917)	\$ (15,075)	\$ 253,809
Interest	31,358	19	13	31,390
Dividends		13,857	4,434	18,291
	<u>345,159</u>	<u>(31,041)</u>	<u>(10,628)</u>	<u>303,490</u>
Contributions:				
Participants	153,663	17,830		171,493
Employer—cash matched on participant contributions	26	58,020	5,250	63,296
	<u>153,689</u>	<u>75,850</u>	<u>5,250</u>	<u>234,789</u>
Allocation of company shares—shares matched on participant deposits at fair value		7,037	(7,037)	—
	<u>498,848</u>	<u>51,846</u>	<u>(12,415)</u>	<u>538,279</u>
DEDUCTIONS				
Benefits paid to participants	188,347	33,864		222,211
Interest expense			1,775	1,775
Administrative expense	3,701	538		4,239
	<u>192,048</u>	<u>34,402</u>	<u>1,775</u>	<u>228,225</u>
NET INCREASE (DECREASE)	306,800	17,444	(14,190)	310,054
INTERFUND TRANSFERS	31,918	(22,668)	(9,250)	—
NET ASSETS AVAILABLE FOR BENEFITS:				
Beginning of year	<u>2,311,857</u>	<u>568,699</u>	<u>161,548</u>	<u>3,042,104</u>
End of year	<u>\$ 2,650,575</u>	<u>\$ 563,475</u>	<u>\$ 138,108</u>	<u>\$ 3,352,158</u>

ALLSTATE 401(k) SAVINGS PLAN
STATEMENT OF CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS
FOR THE YEAR ENDED DECEMBER 31, 2008
(Dollars in thousands)

	Supplementary Information			Total
	Participant-Directed Funds	Allstate Stock Fund	ESOP Company Shares Unallocated	
ADDITIONS				
Net investment loss:				
Net depreciation of investments	\$ (660,295)	\$ (292,319)	\$ (112,548)	\$ (1,065,162)
Interest	30,956	113	140	31,209
Dividends		26,263	9,480	35,743
Net investment loss	(629,339)	(265,943)	(102,928)	(998,210)
Contributions:				
Participants	160,432	17,629		178,061
Employer—cash matched on participant contributions	77	24,070	5,250	29,397
Total contributions	160,509	41,699	5,250	207,458
Allocation of company shares—shares matched on participant deposits at fair value		7,808	(7,808)	—
Total reductions	(468,830)	(216,436)	(105,486)	(790,752)
DEDUCTIONS				
Benefits paid to participants	221,330	60,521		281,851
Interest expense			1,806	1,806
Administrative expense	3,754	719		4,473
Total deductions	225,084	61,240	1,806	288,130
NET DECREASE	(693,914)	(277,676)	(107,292)	(1,078,882)
INTERFUND TRANSFERS	70,885	(57,118)	(13,767)	—
NET ASSETS AVAILABLE FOR BENEFITS:				
Beginning of year	2,934,886	903,493	282,607	4,120,986
End of year	\$ 2,311,857	\$ 568,699	\$ 161,548	\$ 3,042,104

See notes to financial statements.

ALLSTATE 401(k) SAVINGS PLAN

NOTES TO FINANCIAL STATEMENTS
AS OF AND FOR THE YEARS ENDED DECEMBER 31, 2009 AND 2008

1. DESCRIPTION OF PLAN

The following description of the Allstate 401(k) Savings Plan (the “Plan”), sponsored by The Allstate Corporation (the “Company”) and formerly known as The Savings and Profit Sharing Fund of Allstate Employees, provides only general information. Participants should refer to the plan document for a more complete description of the Plan’s provisions.

General—The Plan covers all full-time and regular part-time employees of subsidiaries of the Company, with the exception of those employed by the Company’s international subsidiaries, Kennett Capital, Inc., and Sterling Collision Centers, Inc. Employees must be at least 18 years of age to participate.

The Plan is a defined contribution plan consisting of a profit sharing and stock bonus plan containing a cash or deferred arrangement which is intended to meet the requirements of Sections 401(a) and 401(k) of the Internal Revenue Code of 1986 (the “Code”). The stock bonus portion of the Plan includes a leveraged and a nonleveraged employee stock ownership plan (“ESOP”) which is intended to meet the requirements of Section 409 and Section 4975(e)(7) of the Code. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (“ERISA”).

Administration—The Plan is administered by the Administrative Committee. Investment transactions are authorized by the Plan’s Investment Committee. Members of the Administrative and Investment Committees are appointed by the Profit Sharing Committee. Members of the Profit Sharing Committee are appointed by the Compensation and Succession Committee of the Board of Directors of the Company.

Trustee of the Plan—The Northern Trust Company holds Plan assets as trustee under the Allstate 401(k) Savings Plan Trust.

Contributions—Each year, employees may contribute up to 50% of eligible annual compensation through a combination of pre-tax and after-tax contributions, subject to Internal Revenue Code limitations. Participants age 50 or older have the option to make additional pre-tax contributions (“Catch-Up” contributions). Employees may also roll over pre-tax amounts representing distributions from other qualified defined benefit or defined contribution plans. In the first quarter of 2009, the Company match was revised and is now based on a two-tiered formula. In 2009 and going forward, the Company contributes a match of 50% of the first 3% and 25% of the next 2% of eligible compensation that a participant contributes on a pre-tax basis to the Plan, and at its discretion, up to an additional 50% of the first 3% and 25% of the next 2% of eligible compensation. The variable portion of the Company match is now tied to improvement in the Company’s position on the Customer Loyalty Index, rather than to operating earnings per share. All employer contributions are invested in the Allstate Stock Fund. However, participants can transfer all or part of their Company contributions to any investment option within the Plan at any time. Eligible participants received the maximum Company match for the year ended December 31, 2009. The Company’s matching contribution was 50% of the first 5% of eligible compensation for the year ended December 31, 2008.

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Participant Accounts—Individual accounts are maintained for each Plan participant. Each participant’s account is credited with the participant’s contribution, allocations of the Company’s contribution and investment earnings and losses, and is charged with an allocation of administrative expenses. Accounts may increase by rollovers and decrease by rollovers and withdrawals. The benefit to which a participant is entitled is the benefit that can be provided from the participant’s vested account.

Vesting—Participants hired prior to March 1, 2009 are immediately vested in their contributions and the Company’s contributions plus earnings thereon. Employees hired on or after March 1, 2009 will fully vest in the Company’s contributions after three years of employment.

Investment Options—Upon enrollment in the Plan, a participant may direct employee contributions to any or all of the current seven investment options listed below. Participants may change their investment elections at any time.

Allstate Stock Fund (The Allstate Corporation common stock) — Funds are invested in Company common stock with a portion of the fund invested in short-term securities to provide liquidity to process transactions.

Stable Value Fund (Invesco Institutional (N.A.) Inc. Stable Value Fund) — The fund, managed by Invesco Institutional (N.A.), Inc. (“Invesco”), a registered investment advisor, is a separately managed portfolio that consists of: (i) investment contracts issued by a diversified group of insurance companies, banks, and other institutions; and (ii) shares of common collective trusts that are comprised of publicly and privately issued fixed, floating, and variable rate obligations of select entities.

Bond Fund (SSgA Passive Bond Market Index Fund) — The fund, managed by State Street Global Advisors (“SSgA”), a registered investment company, invests in both the Passive Bond Market Index Securities Lending Series Fund — Class A and the Passive Bond Market Index Non-Lending Series Fund — Class A, which are collective funds that invest in the broad domestic bond market and also in U.S. government and agency, corporate, mortgage-backed, and asset-backed debt securities.

Balanced Fund (SSgA Allstate Balanced Fund) — The fund, managed by SSgA, has approximately one half of its assets in the S&P 500 Flagship Securities Lending Series Fund — Class A and the S&P 500 Flagship Non-Lending Series Fund — Class A, and approximately one half of its assets in the Passive Bond Market Index Securities Lending Series Fund — Class A and the Passive Bond Market Index Non-Lending Series Fund — Class A, which are collective funds that invest in a diversified portfolio of stocks and debt securities.

S&P 500 Fund (SSgA S&P 500 Flagship Fund) — The fund, managed by SSgA, invests in both the S&P 500 Flagship Securities Lending Series Fund — Class A and the S&P 500 Flagship Non-Lending Series Fund — Class A, which are collective funds that invest in a diversified portfolio of stocks of large, established companies.

International Equity Fund (SSgA Daily EAFE Index Fund) — The fund, managed by SSgA, invests in both the Daily EAFE Index Securities Lending Series Fund — Class T and the Daily EAFE Index Non-Lending Series Fund — Class A, which are collective funds that invest in a diversified portfolio of stocks in developed markets within Europe, Australia, and the Far East (“EAFE”).

Russell 2000 Fund (SSgA Russell 2000 Index Fund) — The fund, managed by SSgA, invests in both the Russell 2000 Index Securities Lending Series Fund — Class A and the Russell 2000 Index Non-Lending Series Fund — Class A, which are collective funds that invest in a diversified portfolio of stocks that represents the smallest two-thirds of the 3,000 largest U.S. companies.

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Effective July 2009 for the funds managed by SSgA, with the exception of the Balanced Fund, a transition from securities lending funds to comparable SSgA non-lending funds began. The Balanced Fund transition began November 2009.

Risks and Uncertainties—The Plan utilizes various types of investments, including institutional index funds, a stable value fund and common stock. These investments are subject to market risk, the risk that losses will be incurred due to adverse changes in creditworthiness, equity prices and interest rates. It is reasonably possible that changes in the values of investments will occur in the near term and that such changes could materially affect the amounts reported in the financial statements.

Participant Notes Receivable—Participants may borrow from their account balance. The loan amount must be at least \$1,000 up to a maximum equal to the lesser of: (i) 50% of their account value, (ii) 100% of their pre-tax, after-tax, and rollover account balances, or (iii) \$50,000. Loan transactions are treated as a proportional transfer from/to the investment funds and to/from the loan fund. Loan terms range from 6 to 48 months for a general-purpose loan and 49 to 180 months for a primary residence loan. Loans are secured by the participant's account balance and bear interest at the prime rate in effect as of the last day of the previous calendar quarter prior to the issuance of the loan and fixed for the duration of the loan. Principal and interest are paid by participants ratably through payroll deductions.

Employee Stock Ownership Plan—The Company has a leveraged ESOP. The ESOP loan bears interest at 7.9%.

The borrowing is to be repaid through the year 2019 or earlier, if the Company elects to make additional contributions for principal prepayments on the ESOP Loan. As the Plan makes each payment of principal and interest, a proportional percentage of unallocated shares are allocated to eligible employees' accounts in accordance with applicable regulations under the Code. The Company has made principal prepayments to fund Company contributions.

ESOP shares not yet allocated to participants are held in a suspense account, and none of these shares serve as collateral. ESOP shares allocated to participants and other Company shares that were acquired with participant contributions are included in the Allstate Stock Fund and the lender has no rights against these shares.

Payment of Benefits—Upon termination of service, a participant is entitled to a complete withdrawal of his or her vested account balance. Partial withdrawals are also permitted under the Plan subject to restrictions.

2. SUMMARY OF ACCOUNTING POLICIES

Basis of Accounting—The Plan's financial statements are prepared under the accrual basis of accounting and in accordance with accounting principles generally accepted in the United States of America.

Use of Estimates—The preparation of financial statements requires management to make estimates and assumptions that affect the amounts reported in the financial statements and accompanying notes. Actual results could differ from those estimates.

Investment Valuation and Income Recognition—Plan investments are stated at fair value. Shares of institutional index funds are valued at prices that represent the net asset value of shares held by the Plan at year-end and the fair value of the underlying investments. Common stock held in the Allstate Stock Fund is valued at market price. The Stable Value Fund is stated at fair value and then adjusted to contract value as the investment contracts are fully benefit-responsive. Participant notes receivable are valued at amortized cost, which approximates fair value.

The Statements of Net Assets Available for Benefits present investment contracts at fair value, with an additional line item showing adjustments of the fully benefit-responsive contracts from fair value to contract value. The Statements of Changes in Net Assets Available for Benefits is presented on a contract value basis.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis except for interest on participant notes, which is recorded when received. The difference between cash and accrual basis for interest on participant notes is not material. Dividends are recorded on the ex-dividend date.

Benefits Paid to Participants and Participant Notes Receivable—Benefits paid to participants and participant notes receivable loans are recorded upon distribution. Amounts allocated to accounts of persons who have elected to withdraw from the Plan, but have not yet been paid were immaterial at December 31, 2009 and 2008, and are included in Other assets on the Statements of Net Assets Available for Benefits.

Adopted Accounting Standard—In April 2009, the FASB issued new accounting guidance relating to fair value measurements to provide additional guidance for estimating fair value when the volume and level of activity for an asset or liability have significantly decreased. Guidance on identifying circumstances that indicate a transaction is not orderly is also provided. If it is concluded that there has been a significant decrease in the volume and level of market activity for an asset or liability in relation to normal market activity, transactions or quoted prices may not be determinative of fair value, and further analysis of transactions or quoted prices may be necessary. Determination of whether the transaction is orderly is based on the weight of the evidence.

The disclosure requirements are expanded to include the inputs and valuation technique(s) used to measure fair value and a discussion of changes in valuation techniques and related inputs during the reporting period.

Disclosures of assets and liabilities measured at fair value are to be presented by major security types. Disclosures are not required for earlier periods presented for comparative purposes. Revisions resulting from a change in valuation technique or its application shall be accounted for as a change in accounting estimate and disclosed, along with the total effect of the change in valuation technique and related inputs, if practicable, by major category. The Plan adopted the provisions of the new guidance as of April 1, 2009. The adoption had no effect on the Plan's results of operations or financial position.

Pending Accounting Standard—In January 2010, the FASB issued new accounting guidance which expands disclosure requirements relating to fair value measurements. The guidance adds requirements for disclosing amounts of and reasons for significant transfers into and out of Levels 1 and 2 and requires gross rather than net disclosures about purchases, sales, issuances and settlements relating to Level 3 measurements. The guidance also provides clarification that fair value measurement disclosures are required for each class of assets and liabilities. Disclosures about the valuation techniques and inputs used to measure fair value for measurements that fall in either Level 2 or Level 3 are also required. The new disclosures and clarifications of existing disclosures are effective for annual periods beginning after December 15, 2009, except for disclosures about purchases, sales, issuances and settlements in the roll forward of activity in Level 3 fair value measurements, which are required for

fiscal years beginning after December 15, 2010. Disclosures are not required for earlier periods presented for comparative purposes. The new guidance affects disclosures only and therefore its adoption will have no impact on the Plan's results of operations or financial position.

3. ESOP LOAN

The ESOP Loan agreement provides for the loan to be repaid through the year 2019 at an annual interest rate of 7.9%. There are no principal payments required on the loan during the next five years.

The following table presents additional information, at December 31, 2009 and 2008, for the Plan's investment in The Allstate Corporation common stock held in the Allstate Stock Fund and the ESOP Company Shares Unallocated:

(\$ in thousands)	2009		2008	
	Allstate Stock Fund	ESOP Company Shares Unallocated	Allstate Stock Fund	ESOP Company Shares Unallocated
Number of shares	18,157,789	5,542,258	16,823,333	5,780,600
Cost	\$ 439,675	\$ 39,489	\$ 378,200	\$ 41,188
Fair value	\$ 545,460	\$ 166,489	\$ 551,132	\$ 189,372

The estimated fair value of the ESOP loan as of December 31, 2009 and 2008 was \$25.0 million and \$23.3 million, respectively, determined using discounted cash flow calculations based on current interest rates for instruments with comparable terms and considering the Plan's own credit risk.

4. PLAN TERMINATION

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA.

5. TAX STATUS

The Internal Revenue Service has determined and informed the Company by a letter, dated June 25, 2008, that the Plan and related trust were designed in accordance with applicable sections of the Code. The plan document has been amended and restated since receiving the determination letter. The Plan's management believes that the Plan is currently designed and is being operated in compliance with the applicable requirements of the Code. Therefore, no provision for income taxes has been included in the Plan's financial statements.

6. INVESTMENTS

The Plan's investments which exceeded 5% of net assets available for benefits as of December 31, 2009 and 2008, were as follows:

(\$ in thousands)	2009	2008
Allstate Stock Fund (The Allstate Corporation common stock) *	\$ 545,460	\$ 551,132
ESOP Company Shares Unallocated	166,489	189,372
Bond Fund (SSgA Passive Bond Market Index Fund)	268,962	256,227
Balanced Fund (SSgA Allstate Balanced Fund)	451,994	405,239
S&P 500 Fund (SSgA S&P 500 Flagship Fund)	589,252	458,528
International Equity Fund (SSgA Daily EAFE Index Fund)	280,314	189,625
Russell 2000 Fund (SSgA Russell 2000 Index Fund)	274,088	208,820

* Company contributions are made directly to the Allstate Stock Fund; Participants may redirect funds immediately.

During 2009 and 2008, the Plan's investments (including gains and losses on investments bought and sold, as well as held during the year) appreciated (depreciated) in value as follows:

(\$ in thousands)	2009	2008
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Allstate Stock Fund (The Allstate Corporation common stock)	\$	(44,917)	\$	(292,319)
ESOP Company Shares Unallocated		(15,075)		(112,548)
Bond Fund (SSgA Passive Bond Market Index Fund)		15,187		11,804
Balanced Fund (SSgA Allstate Balanced Fund)		63,342		(94,019)
S&P 500 Fund (SSgA S&P 500 Flagship Fund)		120,367		(289,165)
International Equity Fund (SSgA Daily EAFE Index Fund)		59,790		(172,366)
Russell 2000 Fund (SSgA Russell 2000 Index Fund)		55,115		(116,549)
		<u>55,115</u>		<u>(116,549)</u>
Total net appreciation (depreciation) in fair value of investments	\$	<u>253,809</u>	\$	<u>(1,065,162)</u>

The Stable Value Fund holdings include investment contracts called synthetic guaranteed investment contracts (“GICs”) comprised of investments in the common collective trusts plus a wrapper contract. The wrapper contract is issued by a financial institution, and the contract guarantees to provide a specific interest rate to be credited to the contract plus provide for participant liquidity at contract value in certain situations.

The Stable Value Fund’s wrapper contracts are benefit-responsive and are thus eligible for contract-value reporting. Funds may be withdrawn pro-rata from all the Stable Value Fund’s investment contracts at contract value determined by the respective issuing companies to pay benefits and to make participant-directed transfers to other investment options pursuant to the terms of the Plan after the amounts in the Stable Value Fund’s Short-Term Investment Fund reserve are depleted.

The wrapper contracts wrap underlying assets which are held in the trust and owned by the Stable Value Fund. The underlying assets comprised of common collective trusts which may include a variety of high quality fixed income investments selected by the fund manager consistent with the Stable Value Fund’s investment guidelines. High quality, as defined by the Stable Value Fund’s investment guidelines, means the average credit quality of all of the investments backing the Stable Value Fund contracts is AA/Aa or better as measured by Standard & Poor’s or Moody’s credit rating services. The investments in the common collective trusts are used to generate the investment returns that are utilized to provide for interest rates credited through the wrapper contracts.

The wrapper contracts are benefit-responsive wrapper contracts in that they provide that participants may execute transactions from the Stable Value Fund according to Plan provisions at contract value. Contract value represents contributions made to the Stable Value Fund, plus earnings, less participant withdrawals. The interest rates in wrapper contracts are reset monthly, based on market rates of other similar investments, the current yield of the underlying investments, the spread between the market value and contract value of the investments held by the contract, and the financial duration of the contract investments. The crediting rate cannot be reset to a level less than 0%. Certain events, such as plan termination, or a plan merger initiated by the plan sponsor, or changes to Plan provisions not approved by the issuers of the Stable Value Fund’s wrapper contracts, may limit the ability of the Stable Value Fund to transact at contract value or may allow for the termination of the wrapper contracts at less than contract value. Plan Management does not believe that any events that may limit the ability of the Stable Value Fund to transact at contract value are probable.

Changes in market interest rates affect the yield to maturity and the market value of the investments in the common collective trusts, and thus can have a material impact on the interest crediting rate. In addition, participant withdrawals and transfers from the Stable Value Fund are paid at contract value but funded through the market value liquidation of the investments in the common collective trusts, which also may affect future interest crediting rates. If market interest rates rise and fair values of investments in the common collective trusts fall, the fair value may be less than the corresponding contract value. This shortfall in fair value will be reflected in future crediting rates by amortizing the effect into the future through an adjustment to interest crediting rates of the wrapper contracts. Similarly, if market interest rates fall and fair values of investments in the common collective trusts rise, the fair values of investments held by the wrapper contract may be greater than the corresponding contract value. This excess in fair value will also be reflected in future crediting rates through an amortization process similar to that when there is a fair value shortfall.

Average yields:	<u>2009</u>	<u>2008</u>
Based on annualized earnings (1)	3.099%	7.033%
Based on interest rate credited to participants (2)	4.176%	4.176%

(1) Computed by dividing the annualized one-day actual earnings of the investments on the last day of the plan year by the fair value of the investments on the same date.

(2) Computed by dividing the annualized one-day earnings credited to participants on the last day of the plan year by the fair value of the investments on the same date.

For purposes of calculating the interest crediting rate, fair value is equal to the market value of the investments in the common collective trusts. The crediting interest rates ranged from 3.83% to 5.24% at December 31, 2009 and 3.21% to 4.92% at December 31, 2008.

There are no reserves against contract value credit risk of the contract issuer or otherwise. The crediting interest rate is based on current market yields, adjusted upward/downward to amortize differences between book and market values of the underlying investments. All contracts have a minimum crediting rate of 0%. The crediting interest rates are reset monthly. The average yield is a weighted average of assets held on the last day of the year. The average yield based on book value at December 31, 2009, was 4.43%. The average yield based on book value at December 31, 2008, was 4.23%.

Plan investments include collective investment trusts managed by SSgA (“SSgA Investment Funds”) which are authorized, by the terms of the applicable trusts, to participate in securities lending activities through the State Street Global Securities Lending Program. The collateral for the loans made by the collective investment trusts is invested in a collective investment trust known as the Quality Trust for

SSgA Fund (“SSgA Collateral Fund”). The value of the underlying investments in the SSgA Collateral Fund, which invests the collateral received from borrowers in these activities, is included in the fair value of the SSgA Investment Funds at a \$1.00 price per unit. This value of the underlying investments in the SSgA Investment Funds determines the price at which participants’ accounts are transacted.

SSgA has implemented certain withdrawal limits on SSgA Investment Funds for Fund level or Plan sponsor directed full or partial redemptions from the SSgA Investment Funds. Fund level or Plan sponsor directed redemptions above these thresholds may result in proceeds in both cash and units of the SSgA Collateral Fund. The limitations currently do not apply to redemptions based on participant directed activity.

The table below presents the SSgA Investment Funds authorized to invest in the SSgA Collateral Fund and the per unit value of those SSgA Investment Funds reflecting their investment in SSgA Collateral Fund at a \$1.00 per unit fair value, as reported in the Plan Statement of Net Assets Available for Benefits, and the per unit fair value reflecting the December 31, 2009 fair value of the investments held by the SSgA Collateral Funds.

<u>(\$ in thousands)</u>	<u>Per Unit Fair Value at \$1.00 price per unit for investment in SSgA Collateral Fund as reported</u>	<u>Per Unit Fair Value reflecting fair value of investments in underlying SSgA Collateral Fund</u>	<u>Difference in determination of Fair Value</u>	<u>Fair Value of SSgA Investment Funds as reported</u>
SSgA Investment Funds				
SSgA Passive Bond Market Index Securities Lending Fund Series A	\$ 20.65	\$ 20.52	\$ 1,135	\$ 180,217
SSgA Allstate Balanced Securities Lending Fund	18.44	18.40	980	451,994
SSgA S&P 500 Flagship Securities Lending Fund Series A	226.71	226.40	544	397,754
SSgA Daily EAFE Index Securities Lending Fund Series T	17.75	17.72	296	175,317
SSgA Russell 2000 Index Securities Lending Fund Series A	21.43	21.24	1,610	181,647
Total			<u>\$ 4,565</u>	<u>\$ 1,386,929</u>

Investment management fees, recordkeeping fees, and trustee fees along with other administrative expenses charged to the Plan for investments in each of the Plan’s investment options are deducted from income earned on a daily basis and are not separately reflected. Consequently, fees and expenses are reflected as a reduction of investment return for such investments.

7. FAIR VALUE OF ASSETS AND LIABILITIES

Fair value is defined as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. In determining fair value, the Plan principally uses the market approach which generally utilizes market transaction data for the same or similar instruments. To a lesser extent, the Plan uses the income approach which involves determining fair values from discounted cash flow methodologies and the cost approach which is based on replacement costs.

The hierarchy for inputs used in determining fair value maximizes the use of observable inputs and minimizes the use of unobservable inputs by requiring that observable inputs be used when available. Assets and liabilities recorded on the Statement of Net Assets Available for Benefits at fair value are categorized in the fair value hierarchy based on the observability of inputs to the valuation techniques as follows:

Level 1: Assets and liabilities whose values are based on unadjusted quoted prices for identical assets or liabilities in an active market that the Plan can access.

Level 2: Assets and liabilities whose values are based on the following:

- (1) Quoted prices for similar assets or liabilities in active markets;
- (2) Quoted prices for identical or similar assets or liabilities in markets that are not active; or
- (3) Valuation models whose inputs are observable, directly or indirectly, for substantially the full term of the asset or liability.

Level 3: Assets and liabilities whose values are based on prices or valuation techniques that require inputs that are both unobservable and significant to the overall fair value measurement. Unobservable inputs reflect the Plan’s estimates of the assumptions that market participants would use in valuing the assets and liabilities.

The availability of observable inputs varies by instrument. In situations where fair value is based on internally developed pricing models or inputs that are unobservable in the market, the determination of fair value requires more judgment. The degree of judgment exercised by the Plan in determining fair value is typically greatest for instruments categorized in Level 3. In many instances, valuation inputs used to measure fair value fall into different levels of the fair value hierarchy. The category level in the fair value hierarchy is determined based on the lowest level input that is significant to the fair value measurement in its entirety. The Plan uses prices and inputs that are current as of the measurement date, including during periods of market disruption. In periods of market disruption, the ability to observe prices and inputs may be reduced for many instruments. This condition could cause an instrument to be reclassified from Level 1 to Level 2, or from Level 2 to Level 3.

Summary of Significant Valuation Techniques for Assets and Liabilities on a Recurring Basis

Level 1 Measurements

The Allstate Corporation Common Stock: The Company's common stock is actively traded in the New York Stock Exchange and is valued based on unadjusted quoted prices.

Level 2 Measurements

SSgA Passive Bond Market Fund, SSgA Allstate Balanced Fund, SSgA S&P 500 Flagship Fund, SSgA Daily EAFE Index Fund, SSgA Russell 2000 Index Fund: Comprise funds that have daily quoted net asset values for identical assets that the Plan can access that are traded in markets that are not active. The net asset values are primarily derived based on the fair values of the underlying investments in the fund some of which are not actively traded.

Collective Short-Term Investment Fund: Comprise funds that have daily quoted net asset values for identical assets that the Plan can access that are traded in markets that are not active. The net asset values are derived based on the fair values of the underlying investments in the fund some of which

are not actively traded. A portion of the Collective Short-Term Investment Fund is deemed part of the Stable Value Fund.

Invesco Institutional (N.A.) Inc. Stable Value Fund Common Collective Trusts: A component of the Stable Value Fund which comprise funds that have daily quoted net asset values for identical assets that the Plan can access and are traded in markets that are not active. The net asset values are derived based on the fair values of the underlying investments in the fund some of which are not actively traded.

Participant Note Receivable: Amortized cost used as an estimate of fair value.

Level 3 Measurements

Invesco Institutional (N.A.) Inc. Stable Value Fund Wrappers: A component of the Stable Value Fund which comprise various wrappers that are valued based on a discounted cash flow methodology that is widely accepted. The discounted cash flow methodology uses inputs such as the change in replacement costs for the wrappers obtained from the wrapper providers which are unobservable, and a discount rate (which includes swap yields, duration, and a credit rating adjustment for the wrapper providers).

The following table summarizes the Plan's assets measured at fair value on a recurring basis as of December 31, 2009:

%

(\$ in thousands)	Level 1	Level 2	Level 3	Total
Assets				
The Allstate Corporation Common Stock	\$ 711,949	\$ —	\$ —	\$ 711,949
Invesco Institutional (N.A.) Inc. Stable Value Fund		709,062	963	710,025
SSgA Passive Bond Market Index Fund		268,962		268,962
SSgA Allstate Balanced Fund		451,994		451,994
SSgA S&P 500 Flagship Fund		589,252		589,252
SSgA Daily EAFE Index Fund		280,314		280,314
SSgA Russell 2000 Index Fund		274,088		274,088
Collective short-term investment fund		17,277		17,277
Participant notes receivable		94,538		94,538
Total assets at fair value	\$ 711,949	\$ 2,685,487	\$ 963	\$ 3,398,399
% of Total assets at fair value	21.0	79.0%	0.0%	100.0%

The following table summarizes the Plan's assets measured at fair value on a recurring basis as of December 31, 2008:

(\$ in thousands)	Level 1	Level 2	Level 3	Total
Assets				
The Allstate Corporation Common Stock	\$ 740,504	\$ —	\$ —	\$ 740,504
Invesco Institutional (N.A.) Inc. Stable Value Fund		681,564	899	682,463
SSgA Passive Bond Market Index Securities Lending Fund Series A		256,227		256,227
SSgA Allstate Balanced Securities Lending Fund		405,239		405,239
SSgA S&P 500 Flagship Securities Lending Fund Series A		458,528		458,528
SSgA Daily EAFE Index Securities Lending Fund Series T		189,625		189,625

Collective short-term investment fund		26,994		26,994
Participant notes receivable		93,765		93,765
Total assets at fair value	\$ 740,504	\$ 2,320,762	\$ 899	\$ 3,062,165
% of Total assets at fair value	24.2%	75.8%	0.0%	100.0%

When the inputs used to measure fair value fall into different levels of the fair value hierarchy, the categorization is based on the lowest level input that is significant to the fair value measurement in its entirety. Thus, a Level 3 fair value measurement may include inputs that are observable (Level 1 or Level 2) and unobservable (Level 3).

The following table provides a summary of changes in fair value during the year ended December 31, 2009 of Level 3 assets and liabilities held at fair value on a recurring basis. Net transfers in and/or out of Level 3 are reported as having occurred at the beginning of the period the transfer occurred; therefore, for all transfers into Level 3, all realized and unrealized gains and losses in the period of transfer are reflected in the table below.

(\$ in thousands)	Balance as of December 31, 2008	Net appreciation (depreciation) of investments included in the Statement of Changes of Net Assets Available for Benefits	Purchases, sales, issuances and settlements, net	Net transfers in and/or (out) of Level 3	Balance as of December 31, 2009
Invesco Institutional (N.A.) Inc. Stable Value Fund Wrapper	\$ 899	\$ 64	\$	\$	\$ 963
Total recurring Level 3	<u>\$ 899</u>	<u>\$ 64</u>	<u>\$</u>	<u>\$</u>	<u>\$ 963</u>

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The following table provides a summary of changes in fair value during the year ended December 31, 2008 of Level 3 assets and liabilities held at fair value on a recurring basis.

(\$ in thousands)	Balance as of January 1, 2008	Net appreciation (depreciation) of investments included in the Statement of Changes of Net Assets Available for Benefits	Purchases, sales, issuances and settlements, net	Net transfers in and/or (out) of Level 3	Balance as of December 31, 2008
Invesco Institutional (N.A.) Inc. Stable Value Fund Wrapper	\$ —	\$ 899	\$ —	\$ —	\$ 899
Total recurring Level 3	<u>\$ —</u>	<u>\$ 899</u>	<u>\$ —</u>	<u>\$ —</u>	<u>\$ 899</u>

Net appreciation (depreciation) of investments included in the Statement of Change of Net Assets Available for Benefits relate to investments still held at December 31, 2009 and 2008.

8. RECONCILIATION OF FINANCIAL STATEMENTS TO FORM 5500

The following is a reconciliation of net assets available for benefits per the financial statements to the amounts that will be included in the Form 5500 as of December 31, 2009 and amounts per the filed Form 5500 as of December 31, 2008:

(\$ in thousands)	2009	2008	3,375,250
Net assets available for benefits per the financial statements	\$ 3,352,158	\$ 3,042,104	
Adjustments from contract value to fair value for fully benefit-responsive investment contracts	23,092	(17,204)	
Net assets available for benefits per the Form 5500	<u>\$</u>	<u>\$ 3,024,900</u>	

The following is a reconciliation of net investment income per the financial statements to the amounts that will be included in the Form 5500 for the year ended December 31, 2009 and amounts per the filed Form 5500 as of December 31, 2008:

(\$ in thousands)	2009	2008
Total net investment income (loss) per the financial statements	\$ 303,490	\$ (998,210)
Adjustments from contract value to fair value for fully benefit-responsive investment contracts	40,297	(20,800)
Total net investment income (loss) per the Form 5500	<u>\$ 343,787</u>	<u>\$ (1,019,010)</u>

The Form 5500 for 2009 will be prepared and filed by the Plan in accordance with Internal Revenue Service requirements.

9. RELATED-PARTY TRANSACTIONS

The Plan invests in The Northern Trust Collective Short Term Investment Fund, managed by The Northern Trust Company, the trustee of the Plan. The Plan is not charged directly for investment management services associated with this fund. The Plan also invests in the common stock of The Allstate Corporation, the Plan's sponsor, as referenced in the Statements of Net Assets Available for Benefits.

SUPPLEMENTAL SCHEDULE

ALLSTATE 401(k) SAVINGS PLAN

FORM 5500—SCHEDULE H, PART IV, LINE 4i—
SCHEDULE OF ASSETS (HELD AT END OF YEAR)
AS OF DECEMBER 31, 2009

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(a)	(b) Identity of issue, borrower, lessor, or similar party	(c) Description of investment, including maturity date, rate of interest, collateral, par, or maturity value	(d) Cost	(e) Current Value
*	The Allstate Corporation common stock	23,700,047 shares	\$ 479,164,802	\$ 711,949,412
	Invesco Allstate Stable Value Fund:			
*	The Northern Trust Collective Short Term Investment Fund No. 22-19589	17,592,088 shares	17,592,088	17,592,088
	IGT MxMgr A+ Int G/C Common Collective Trust	86,970,591 shares	107,186,599	117,721,392
	ING Life & Annuity Wrapper	ING Life & Annuity No. 60256		158,979
	IGT Invesco Short Term Bond Common Collective Trust	77,335,932 shares	95,952,685	109,146,289
	JP Morgan Chase Wrapper	JP Morgan Chase No. AALLSTATE-S		198,997
	IGT MxMgr A+ Core Common Collective Trust	48,889,016 shares	59,108,428	64,745,191
	JP Morgan Chase Wrapper	JP Morgan Chase No. ALLSTATE-MCA		204,235
	IGT Invesco Short Term Bond Common Collective Trust	75,705,642 shares	93,881,163	106,845,416
	Monumental Wrapper	Monumental No. MDA-00714TR		—
	IGT Invesco Short Term Bond Common Collective Trust	77,334,795 shares	96,553,507	109,144,685
	Pacific Life Insurance Wrapper	Pacific Life Insurance No. G- 26930.01.0001		75,061
	IGT MxMgr A+ Core Common Collective Trust	33,955,110 shares	41,020,074	44,967,771
	Pacific Life Insurance Wrapper	Pacific Life Insurance No. G-26930.02.001		—
	IGT MxMgr A+ Int G/C Common Collective Trust	102,616,035 shares	115,103,706	138,898,705
	State Street Bank Wrapper	State Street Bank No. 105027		326,080

(Continued)

ALLSTATE 401(k) SAVINGS PLAN

FORM 5500—SCHEDULE H, PART IV, LINE 4i—
SCHEDULE OF ASSETS (HELD AT END OF YEAR)
AS OF DECEMBER 31, 2009

SSgA Daily EAFE Index Non-Lending Series Fund - Class A

(a)	(b) Identity of issue, borrower, lessor, or similar party	(c) Description of investment, including maturity date, rate of interest, collateral, par, or maturity value	(d) Cost	(e) Current Value
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State Street Global Advisors (SSgA):

SSgA Passive Bond Market Index Securities Lending Series Fund - Class A	8,727,221 shares	\$ 153,386,290	\$ 180,217,110
SSgA Passive Bond Market Index Non-Lending Series Fund - Class A	8,464,830 shares	87,966,550	88,745,280
SSgA Allstate Balanced Fund	24,515,600 shares	314,299,032	451,994,114
SSgA S&P 500 Flagship Securities Lending Series Fund - Class A	1,754,476 shares	362,721,854	397,753,664
SSgA S&P 500 Flagship Non-Lending Series Fund - Class A	10,409,216 shares	175,565,912	191,498,353
SSgA Daily EAFE Index Securities Lending Series Fund - Class T	9,878,679 shares	166,932,214	175,316,911
	8,288,988 shares	98,865,506	104,996,618
SSgA Russell 2000 Index Securities Lending Series Fund - Class A	8,475,884 shares	167,266,834	181,646,670
SSgA Russell 2000 Index Non-Lending Series Fund - Class A	4,970,500 shares	84,745,341	92,441,366
* The Northern Trust Collective Short Term Investment Fund No. 22-44460 and No. 22-41639	17,276,678 shares	17,276,678	17,276,678
* Participant loans	Rates of interest from 3.25% to 9.5% maturing through 2024	94,537,913	94,537,913
Total		<u>\$ 2,829,127,176</u>	<u>\$ 3,398,398,978</u>

* Permitted party in interest.

(Concluded)

SIGNATURES

The Plan. Pursuant to the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the employee benefit plan) have duly caused this annual report to be signed on its behalf by the undersigned hereunto duly authorized.

ALLSTATE 401(k) SAVINGS PLAN

By /s/ John O'Malley
John O'Malley
Plan Administrator

Date: June 22, 2010

CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We consent to the incorporation by reference in Registration Statement No. 333-158581 on Form S-8 of our report dated June 7, 2010, relating to the financial statements and supplemental schedule and supplementary information by fund of the Allstate 401(k) Savings Plan (the "Plan") appearing in this Annual Report on Form 11-K of the Plan for the year ended December 31, 2009.

/s/ DELOITTE & TOUCHE LLP

Chicago, Illinois
June 22, 2010
