FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

vvasiiii	igion,	D.C.	20549	

washington, D.C. 20049	OMB APPROVAL		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-028	

Estimated average burden 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					OI .	Section	1 30(11)	oi tile	Investment 0	omp	any Act	01 1940						
1. Name and Address of Reporting Person* SPRIESER JUDITH A				2. Issuer Name and Ticker or Trading Symbol <u>ALLSTATE CORP</u> [ALL]								(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
STRIESER JOBITH 71				- -								X Direct	or		10% Ov	vner		
(Last) (First) (Middle) C/O THE ALLSTATE CORPORATION			3. Date of Earliest Transaction (Month/Day/Year) 06/01/2009									Office below	r (give title)		Other (s below)	specify		
2775 SANDERS ROAD			4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) NORTHBROOK IL 60062-612		27									- 1	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(St	ate) (Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date		2. Transa Date (Month/D	Execution Date		e, Transaction Code (Instr. 5		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			d Securit Benefic	rities Fo ficially (D ed Following (I)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	<u> </u>	Amount	nount (A) or (D)		Transa								
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		ransaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			tive ties ed sed	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
				C	Code	v	(A)	(D)	Date Exercisable	Exp	oiration e	Title	Amount or Number of Shares					
Restricted Stock Units	(1)	06/01/2009			A		5,739		(1)		(1)	Common Stock	5,739	\$0	7,739		D	
Restricted Stock Units	(2)								(2)		(2)	Common Stock	8,000		8,000		D	

Explanation of Responses:

1. Restricted Stock Units (RSUs) are granted under The Allstate Corporation 2006 Equity Compensation Plan for Non-Employee Directors, as amended and restated. Each RSU represents the right to receive one share of Allstate common stock upon the earlier of (i) the date of the reporting person's death or disability, and (ii) the date on which the reporting person is no longer serving as a director of Allstate.

/s/ Katherine A. Smith, attorney-in-fact for Judith A.

06/03/2009

Sprieser

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} Previously awarded Restricted Stock Units (RSUs) granted under The Allstate Corporation 2006 Equity Compensation Plan for Non-Employee Directors, as amended and restated. Each RSU represents the right to receive one share of Allstate common stock upon the earlier of (i) the date of the reporting person's death or disability, and (ii) one year after the date on which the reporting person is no longer serving as a director of Allstate.