FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHAI	NGES IN BE	NEFICIAL (	OWNERSHIP

l	OMB APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RUEBENSON GEORGE E			2. Issuer Name <b>and</b> Ticker or Trading Symbol ALLSTATE CORP [ ALL ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title V Other (specify									
(Last) (First) (Middle) C/O THE ALLSTATE CORPORATION 2775 SANDERS ROAD					3. Date of Earliest Transaction (Month/Day/Year) 02/22/2009										below)  SVP Allstate Insurance Company						
(Street) NORTHBROOK IL 60062-6127			27	_   4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person								
(City)	(S	tate)	(Zip)											1 0.00.1							
		Tab	le I - No	n-Deriv	ative	Se	curiti	ies Ad	quired	l, Di	sposed (	of, or Be	enefic	cially	Owned	l					
Date			Date	nsaction th/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		, Transaction Dispose Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 an			nd Securities Beneficially Owned Follow		Form:	n: Direct	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) o	r Pric	ce	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			02/22	02/22/2009				М		1,875	5 A	\$	SO <sup>(1)</sup>	7,385			D			
Common Stock				02/22/2009					М		4,674	4 A	\$	6 <mark>0</mark> (1)	12,059			D			
Common Stock			02/22	02/22/2009				F <sup>(2)</sup>		1,377	7 D	\$1	8.44	10,682			D				
Common Stock			02/22	02/22/2009				F <sup>(2)</sup>		553	D	D \$18.44		10,129			D				
Common Stock														4,278.1145 <sup>(3)</sup>			I	By 401(k) Plan			
Common Stock													9,564			I 1	By Family Trust				
		Т									osed of				wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ed Date,	4. Transa	ransaction ode (Instr.		n of		, <b>options, c</b> 6. Date Exercisa Expiration Date (Month/Day/Yea		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. D S	Price of erivative ecurity nstr. 5)		Ownersh Form: Direct (D or Indire (I) (Instr.	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amor or Numl of Share	ber							
Restricted Stock Units	\$0 <sup>(1)</sup>	02/22/2009			М			1,875	(4)		02/21/2010	Common Stock	1,87	75	\$0 <sup>(1)</sup>	1,875		D			
Restricted Stock Units	\$0 <sup>(1)</sup>	02/22/2009			M			4,674	02/22/2	009	02/22/2009	Common Stock	4,67	74	\$0 <sup>(1)</sup>	0		D			

- 1. Conversion of previously awarded grant of restricted stock units (RSUs) representing the right to receive one share of Allstate common stock, without the payment of any consideration, pursuant to The Allstate Corporation Amended and Restated 2001 Equity Incentive Plan.
- 2. Delivery of shares to Company to satisfy tax withholding obligation in connection with conversion into common stock of previously awarded RSUs.
- 3. Reflects acquisition of 257.2823 shares of The Allstate Corporation common stock since July 29, 2008 under The Savings and Profit Sharing Fund of Allstate Employees, a 401(k) plan, pursuant to the most recent plan statement, dated February 17, 2009.
- 4. Remaining increment of restricted stock units will unrestrict on February 21, 2010.

/s/ George E. Ruebenson

02/23/2009

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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