SEC Form 4	
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# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APP	ROVAL
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I. Nume and Address of Reporting reison			2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ ALL ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title X Other (specify
	t) (First) (Middle) ) THE ALLSTATE CORPORATION 5 SANDERS ROAD		3. Date of Earliest Transaction (Month/Day/Year) 06/03/2013	below) Pres Allstate Auto,Home,Agenc.
(Street) NORTHBROOK (City)	IL (State)	60062-6127 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1 - Non-Derivative Securities Acquired, Disposed of, of Denencially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	06/03/2013		М		6,593	A	\$29.64	25,703	D		
Common Stock	06/03/2013		S		6,593	D	\$48.24	19,110	D		
Common Stock	06/04/2013		М		1,792	A	\$29.64	20,902	D		
Common Stock								754 <sup>(1)</sup>	I	By 401(k) Plan	

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(cigi, puto, build, warranto, ophono, convertible secondos)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) ( Disp of (I	oosed D) tr. 3, 4	Expiration Date (Month/Day/Year)		te Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$29.64	06/03/2013		М			6,593	(2)	11/02/2019	Common Stock	6,593	\$0	26,947	D	
Employee Stock Option (Right to Buy)	\$29.64	06/04/2013		М			1,792	(2)	11/02/2019	Common Stock	1,792	\$0	25,155	D	

### Explanation of Responses:

1. Reflects acquisition of seven shares of The Allstate Corporation common stock since February 13, 2013 under the Allstate 401(k) Savings Plan, pursuant to the most recent plan statement, dated June 3, 2013.

2. Stock option award granted to reporting person on November 2, 2009 with incremental vesting over four year period; remaining increment to vest on November 2, 2013.

## Remarks:

Transactions reported on this Form reflect the execution of an "exercise and sell to cover" transaction pursuant to a 10b5-1 plan that became effective on May 7, 2013.

/s/ Katherine A. Smith,

attorney-in-fact for Matthew E. 06/05/2013 <u>Winter</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.