FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
	Estimated average burden								
-	hours por rosponso:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* <u>Winter Matthew E</u>					2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]								able)	Perso	10% Ow Other (sp	er	
(Last) (First) (Middle) C/O THE ALLSTATE CORPORATION 2775 SANDERS ROAD					3. Date of Earliest Transaction (Month/Day/Year) 11/02/2009							below) Pres. & CEO Allstate Financial					
(Street) NORTHBROOK IL 60062-6127			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)				- ^		d Dia		i ou Don	oficially	, Ourse and				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D				ransactio	action 2A. Deemed Execution Date,		3. 4. Securitie Transaction Disposed (Code (Instr. 5)		it, Or Beneficial lies Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amoun Securities Beneficia Owned Fo	s lly ollowing	Form:	Direct Indirect Etr. 4)	7. Nature of Indirect Beneficial Ownership		
				Cod			le V	Amount	(A) or (D)	Price	Transacti	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Transaction Code (Instr. 8)				6. Date Exercisal Expiration Date (Month/Day/Year		•	of Securities		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercis		Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (Right to Buy)	\$29.64	11/02/2009		A		33,540		(1)		11/02/2019	Common Stock	33,540	\$29.64	33,540		D	
Restricted Stock Units	\$0 ⁽²⁾	11/02/2009		A		5,904		11/02/2	013 1	11/02/2013 ⁽²⁾	Common Stock	5,904	\$0	5,904		D	

Explanation of Responses:

- 1. Option exercisable in four increments, each for one-fourth of the total number of said shares, such installments to vest on November 2, 2010, November 2, 2011, November 2, 2012, and November 2, 2013, respectively.
- 2. Award of Restricted Stock Units (RSUs) granted under The Allstate Corporation 2009 Equity Incentive Plan. Each RSU represents the right to receive, without the payment of any consideration, one share of Allstate common stock on the day following the last day of the period of restriction (the conversion date). The period of restriction ends on November 1, 2013; therefore the RSUs convert on November 2, 2013.

Matthew E. Winter

11/03/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.