

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WILSON THOMAS J			2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title below) X Other (specify below) President, Allstate Protection		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 10/21/2003			6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person		
2775 SANDERS ROAD			4. If Amendment, Date of Original Filed (Month/Day/Year)					
(Street) NORTHBROOK IL 60062								
(City) (State) (Zip)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	10/21/2003		M		24,675	A	\$15.22	101,742.094	D	
Common Stock	10/21/2003		F		9,353	D	\$40.15	92,389.094	D	
Common Stock	10/21/2003		F ⁽¹⁾		4,511	D	\$40.15	87,878.094	D	
Common Stock	10/21/2003		M		13,963	A	\$15.22	101,841.094	D	
Common Stock	10/21/2003		S		11,400	D	\$40.25	90,441.094	D	
Common Stock	10/21/2003		F ⁽¹⁾		2,563	D	\$40.15	87,878.094	D	
Common Stock								0	I	by 401(k) of DWD ⁽²⁾
Common Stock								2,300.995	I	by 401(k)Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					
Employee Stock Option (right to buy)	\$15.22	10/21/2003		M		24,675		(3)	07/06/2005	Common Stock 24,675	\$0	95,325	D	
Employee Stock Option (right to buy)	\$15.22	10/21/2003		M		13,963		(4)	07/06/2005	Common Stock 13,963	\$0	81,362	D	
Employee Stock Option (right to buy)	\$40.15	10/21/2003		A		9,353		(5)	07/06/2005	Common Stock 9,353	\$0	9,353	D	

Explanation of Responses:

- Delivery of shares to issuer to pay minimum tax withholding liability incurred in connection with the exercise of a previously granted award of an employee stock option to reporting person.
- These shares were previously reported as 1,565 shares owned directly; they are held under the Dean Witter Discover START 401(k) Plan. The information presented is as of 12/31/95.
- Option to purchase 24,675 shares of common stock granted July 6, 1995 exercisable in three equal increments, each for one-third of the total number of said shares, such installments vested on July 5, 1996, July 5, 1997 and July 5, 1998, respectively.
- Option to purchase 13,963 shares of common stock granted July 6, 1995 exercisable in three equal increments, each for one-third of the total number of said shares, such installments vested on July 5, 1996, July 5, 1997 and July 5, 1998, respectively.
- Grant to reporting person of option to purchase 9,353 shares of common stock exercisable in three increments, each for one-third of the total number of said shares, such installments to vest on October 21, 2004, October 21, 2005 and October 21, 2006, respectively.

Remarks:

Reflects acquisition of 12.45 shares of The Allstate Corporation common stock since July 31, 2003 under The Savings and Profit Sharing Fund of Allstate Employees, a 401(k) plan, pursuant to the most recent plan statement, dated October 21, 2003. Form also reflects 320.5720 shares acquired during period of July 2, 2003 through October 1, 2003 through The DirectSERVICE Investment Program which reinvests dividends paid on The Allstate Corporation common shares.

By: Katherine A. Smith For:
Thomas J. Wilson

10/23/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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