SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB A	PPROVAL
OMB Number:	3235-028

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1. Name and Address of Reporting Person [*] Greffin Judith P		۱ [*]	2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title v Other (specify
	ast) (First) (Middle) O THE ALLSTATE CORPORATION 75 SANDERS ROAD		3. Date of Earliest Transaction (Month/Day/Year) 05/07/2013	EVP & CIO Allstate Ins. Co.
(Street) NORTHBROOK (City)		60062-6127 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/07/2013		М		2,000	A	\$45.29	47,149.74 ⁽¹⁾	D	
Common Stock	05/07/2013		М		4,588	A	\$45.96	51,737.74	D	
Common Stock	05/07/2013		М		43,412	A	\$16.83	95,149.74	D	
Common Stock	05/07/2013		S		50,000	D	\$49.263(2)	45,149.74	D	
Common Stock								3,472	I	By 401(k) Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned	
(e.g., puts, calls, warrants, options, convertible securities)	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		on of		6. Date Exercisable and Expiration Date (Month/Day/Year)		nd 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$45.29	05/07/2013		М			2,000	03/09/2008	03/09/2014	Common Stock	2,000	\$0	20,714	D	
Employee Stock Option (Right to Buy)	\$45.96	05/07/2013		М			4,588	02/06/2008	02/06/2014	Common Stock	4,588	\$0	0	D	
Employee Stock Option (Right to Buy)	\$16.83	05/07/2013		М			43,412	02/27/2013	02/27/2019	Common Stock	43,412	\$0	96,911	D	

Explanation of Responses:

1. Form also reflects 8.637 shares acquired during period of January 1, 2013 through April 4, 2013 through the Shareowner Service Plus Plan, which reinvests dividends paid on The Allstate Corporation common shares.

2. Reflects weighted average sale price for open-market sales transaction reported herein. Actual sale prices ranged from \$49.215 to \$49.325. The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

/s/ Lisette Willemsen, attorney-

<u>in-fact for Ms. Greffin</u>

** Signature of Reporting Person

05/09/2013

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.