UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): June 20, 2024 **THE ALLSTATE CORPORATION**

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)	1-11840 (Commission		36-3871531 (IRS Employer Identification No.)
,	File Number)	60063	identification (vo.)
	3100 Sanders Road, Northbrook, Illinois	00002	
	(Address of principal executive offices) (Zip	o Code)	
Registrant	s's telephone number, including area code (8	47) 402-5000	
Check the appropriate box below if the Form 8 the following provisions:	-K filing is intended to simultaneously satisfy	the filing obligat	ion of the registrant under any of
 □ Written communications pursuant to Rule 42 □ Soliciting material pursuant to Rule 14a-12 to Pre-commencement communications pursuant to Pre-commencement communications pursuant Pre-commencement communications pursuant to Rule 42 	under the Exchange Act (17 CFR 240.14a-12 ant to Rule 14d-2(b) under the Exchange Act	!) : (17 CFR 240.14	* **
Securities registered pursuant to Section 12(b)	of the Act:		
Title of e	each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share		ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053		ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H		ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I		ALL PR I	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 7.375	5% Noncumulative Preferred Stock, Series J	ALL PR J	New York Stock Exchange
Indicate by check mark whether the registrant of this chapter) or Rule 12b-2 of the Securities			e Securities Act of 1933 (§230.40
	Emergin	g growth compa	ny 🗆
If an emerging growth company, indicate by chec new or revised financial accounting standards pro	•		sition period for complying with any

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure

The Registrant's press release dated June 20, 2024, announcing estimated catastrophe losses for May 2024, is posted on all state investors.com and attached hereto as Exhibit 99, which is incorporated herein by reference. This exhibit is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 - Financial Statements and Exhibits

Item 9.01.	Financial Statements and Exhibits
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(d) Exhibits

Exhibit No. Description

99 <u>The Registrant's press release dated June 20, 2024</u>

104 Cover Page Interactive Data File (formatted as inline XBRL).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

By: /s/ Eric K. Ferren

Name: Eric K. Ferren

Title: Senior Vice President, Controller and Chief Accounting Officer

Date: June 20, 2024



NEWS

FOR IMMEDIATE RELEASE

Contacts:

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Allstate Announces May 2024 Catastrophe Losses

NORTHBROOK, III., June 20, 2024 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of May of \$1.40 billion or \$1.10 billion, after-tax.

Catastrophe losses included 14 events estimated at \$1.48 billion, with approximately 70% of the losses related to five wind and hail events, primarily in Texas, Colorado and Illinois. Total catastrophe losses for April and May were \$1.89 billion, pre-tax, and total catastrophe losses for May year-to-date were \$2.62 billion, pre-tax.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement.