FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* LaNeve Mark R					2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Vother (specify					
	E ALLSTAT	irst) ΓΕ CORPORAT		3. Date of Earliest Transaction (Month/Day/Year) 11/02/2009								below) SVP and CMO, Allstate Ins. Co.						
2775 SANDERS ROAD						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable					
(Street) NORTHBROOK IL 60062-6127													Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)										1 615011					
		Та	ble I - Non-D	erivati	ve Se	curitie	s A	cquired, C	Disp	osed of	, or Ben	eficially	/ Owned					
Date				action 2A. Deemed Execution Date, if any (Month/Day/Year)			Code (In:	Transaction Disposed Of (D) (Instr. 3, 4				5. Amoun Securities Beneficia Owned Fo	s lly ollowing	Form:	: Direct I Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	ount (A) or (D)		Reported Transaction(s) (Instr. 3 and 4)						
			Table II - Dei (e.ç					quired, Dis s, options					Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	4. Transaction Code (Instr.		of I		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Owners s Form: Direct (i) or Indirect (ii) (Insti	Ownership	Beneficial Ownership ct (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Exp	oiration e	Title	Amount or Number of Shares						
Employee Stock Option (Right to Buy)	\$29.64	11/02/2009		A		41,280		(1)	11/	/02/2019	Common Stock	41,280	\$29.64	41,28	30	D		
Restricted Stock Units	\$0 ⁽²⁾	11/02/2009		A		13,495		11/02/2013	11/0	02/2013 ⁽²⁾	Common Stock	13,495	\$0	13,49	05	D		

Explanation of Responses:

- 1. Option exercisable in four increments, each for one-fourth of the total number of said shares, such installments to vest on November 2, 2010, November 2, 2011, November 2, 2012, and November 2, 2013, respectively.
- 2. Award of Restricted Stock Units (RSUs) granted under The Allstate Corporation 2009 Equity Incentive Plan. Each RSU represents the right to receive, without the payment of any consideration, one share of Allstate common stock on the day following the last day of the period of restriction (the conversion date). The period of restriction ends on November 1, 2013; therefore the RSUs convert on November 2, 2013.

Mark R. LaNeve

11/03/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.