SEC Form 4	
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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	hours per response:	0.5
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1. Name and Address of Reporting Ferson		Person*	2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ ALL ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
				Director 10% Owner Officer (give title X Other (specify				
		,	3. Date of Earliest Transaction (Month/Day/Year) 02/22/2010	below) A below) SVP Allstate Insurance Company				
2775 SAND	ERS ROAD							
(Street) NORTHBRO	DOK IL	60062-6127	_ 4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	-	Person				

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1 Hon Bentrative Occurrices Acquired, Disposed of, or Beneficially office												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
			Code	v	Amount	unt (A) or (D)		Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock	02/22/2010		М		2,310	A	\$0 <sup>(1)</sup>	4,852	D			
Common Stock	02/22/2010		F		718	D	\$31.22	4,134	D			
Common Stock	02/22/2010		М		600	A	<b>\$0</b> <sup>(1)</sup>	4,734	D			
Common Stock	02/22/2010		F		214	D	\$31.22	4,520	D			
Common Stock								4,648.4226 <sup>(2)</sup>	I	By 401(k) Plan		
Common Stock								15,840	I	By Family Trust		

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Derivative Securities Acquired (A) or Disposed of (D)		6. Date Exercisable and Expiration Date (Month/Day/Year)		d 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(Inst and (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Restricted Stock Units	(1)	02/22/2010		М			2,310	02/21/2010	02/21/2010	Common Stock	2,310	(1)	0	D	
Restricted Stock Units	(1)	02/22/2010		М			600	02/21/2010	02/21/2010	Common Stock	600	(1)	0	D	

Explanation of Responses:

1. Conversion of previously awarded grant of restricted stock units (RSUs) representing the right to receive one share of Allstate common stock, without the payment of any consideration, pursuant to The Allstate Corporation Amended and Restated 2001 Equity Incentive Plan.

2. Reflects acquisition of 327.3257 shares of The Allstate Corporation common stock since December 31, 2009 under the Allstate 401 (k) Savings Plan, pursuant to the most recent plan statement, dated February 16, 2010.

<u>/s/ Frederick F. Cripe</u> 02/24/2010

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.