FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

this box if no longer subject to	
16. Form 4 or Form 5	
ons may continue. See	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check t Section obligations may Instruction 1(b) Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MAYES MICHELE COLEMAN					2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]										heck	all appli Directo	cable)	g Pers	son(s) to Iss 10% Ov Other (s	wner
	,	TE CORPORAT	(Middle)		11/	12/2	.009		saction (M				>		X	below) SV	P and Ge		below)` Counsel	
(Street) NORTHBROOK IL 60062-6127				27	4. If Amendment, Date of Original Filed (Month/Day/Year)										individual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5)		(Zip) le I - Noi	n-Deriv	ative	Se	curiti	es Ac	auired.	Dis	posed (of. o	r Ben	eficia	llv (Owned	<u> </u>			
1. Title of Security (Instr. 3) 2. To Date		2. Transaction Date (Month/Day/Year)		ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3,			d (A) or	o) or 5. A 4 and Sec Ber Ow		5. Amount of Securities Beneficially Owned Following		n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)		Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 11/				11/12	/2009				М		6,25	6,250		\$ <mark>0</mark> (3	L)	6,250		D		
Common	Common Stock 11.				/2009)			F ⁽²⁾		1,84	1	D	\$28.	86	4,409		D		
Common Stock																394.	4146 ⁽³⁾		Ι .	By 401(k) Plan
		Т	able II -						uired, D , optior						y O	wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr 8)		n of		6. Date Ex Expiration (Month/Da	Date	r) Amou Secui Unde Deriva		. Title and mount of iecurities Inderlying Ierivative Securit Instr. 3 and 4)		De Se	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration ate	Title	1	Amount or Number of Shares						
Restricted Stock	\$0 ⁽¹⁾	11/12/2009			M		Π	6,250	(4)	1	1/11/2011	Com		6,250		(1)	6,250		D	

Explanation of Responses:

- 1. Conversion of previously awarded grant of restricted stock units (RSUs) representing the right to receive one share of Allstate common stock, without the payment of any consideration, pursuant to The Allstate Corporation Amended and Restated 2001 Equity Incentive Plan.
- 2. Delivery of shares to Company to satisfy tax withholding obligation in connection with conversion into common stock of previously awarded RSUs.
- 3. Reflects acquisition of 394.4146 shares of The Allstate Corporation common stock under the Allstate 401(k) Savings Plan, pursuant to the most recent plan statement, dated November 11, 2009.
- 4. Remaining increment of RSUs will unrestrict on November 11, 2011.

/s/ Michele C. Mayes 11/16/2009

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.