UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported) February 10, 2014

ALLSTATE LIFE INSURANCE COMPANY

(Exact name of registrant as specified in charter)

Illinois0-3124836-2554642(State or other(Commission(IRS Employerjurisdiction of incorporation)File Number)Identification No.)

3100 Sanders Road, Northbrook, Illinois

60062 (Zip Code)

(Address of principal executive offices)

Registrant's telephone number, including area code (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 2 – Financial Information

Operating costs and expenses

Item 2.02. Results of Operations and Financial Condition.

The registrant furnishes below its Consolidated Statements of Operations for the three years ended December 31, 2013, 2012 and 2011 and Consolidated Statements of Financial Position as of December 31, 2013 and 2012, prepared in conformity with accounting principles generally accepted in the United States of America ("GAAP") and certain non-GAAP measures:

ALLSTATE LIFE INSURANCE COMPANY AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF OPERATIONS

(\$ in millions)		Year Ended December 31,				
		2013		2012		2011
Revenues						
Premiums	\$	613	\$	593	\$	624
Contract charges		1,054		1,029		1,008
Net investment income		2,485		2,597		2,637
Realized capital gains and losses:						
Total other-than-temporary impairment losses		(49)		(60)		(279)
Portion of loss recognized in other comprehensive income		(3)		(8)		(14)
Net other-than-temporary impairment losses recognized in earnings		(52)		(68)		(293)
Sales and other realized capital gains and losses		128		52		683
Total realized capital gains and losses		76		(16)		390
	_	4,228	_	4,203	_	4,659
Costs and expenses						
Contract benefits		1,606		1,521		1,502
Interest credited to contractholder funds		1,251		1,289		1,608
Amortization of deferred policy acquisition costs		240		324		430

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Restructuring and related charges	6		1
Interest expense	23	45	45
	3,560	3,616	3,980
(Loss) gain on disposition of operations	(687)	18	15
(Loss) income from operations before income tax expense	(19)	605	694
Income tax expense	19	179	225
Net (loss) income \$	(38)	\$ 426 \$	469

ALLSTATE LIFE INSURANCE COMPANY AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF FINANCIAL POSITION

(\$ in millions, except par value data)		December 31,			
		2013		2012	
Assets					
Investments					
Fixed income securities, at fair value (amortized cost \$27,427 and \$41,194)	\$	28,756	\$	44,876	
Mortgage loans		4,173		5,943	
Equity securities, at fair value (cost \$565 and \$310)		650		345	
Limited partnership interests		2,064		1,924	
Short-term, at fair value (amortized cost \$590 and \$875)		590		875	
Policy loans		623		836	
Other		1,088		1,067	
Total investments	_	37,944	_	55,866	
Cash		93		341	
Deferred policy acquisition costs		1,331		1,834	
Reinsurance recoverables		2,754		4,570	
Accrued investment income		358		489	
Other assets		256		401	
Separate Accounts		5,039		6,610	
Assets held for sale		15,593		0,010	
Total assets	\$	63,368	· s —	70,111	
Liabilities	Ψ <u></u>	03,300	, a	70,111	
Contractholder funds	\$	23,604	\$	38,634	
Reserve for life-contingent contract benefits	Ą	11,589	Ф	14,117	
•		*		14,117	
Unearned premiums		6 100		20 111	
Payable to affiliates, net					
Other liabilities and accrued expenses		838		1,286	
Deferred income taxes		941		1,524	
Notes due to related parties		282		496	
Separate Accounts		5,039		6,610	
Liabilities held for sale	_	14,899			
Total liabilities		57,298		62,798	
Shareholder's Equity					
Redeemable preferred stock - series A, \$100 par value, 1,500,000 shares					
authorized, none issued					
Redeemable preferred stock - series B, \$100 par value, 1,500,000 shares					
authorized, none issued					
Common stock, \$227 par value, 23,800 shares authorized and outstanding		5		5	
Additional capital paid-in		2,690		3,190	
Retained income		2,447		2,485	
Accumulated other comprehensive income:					
Unrealized net capital gains and losses:					
Unrealized net capital gains and losses on fixed income securities with OTTI		31		(5)	
Other unrealized net capital gains and losses		997		2,405	
Unrealized adjustment to DAC, DSI and insurance reserves		(101)		(766)	
Total unrealized net capital gains and losses		927		1,634	
Unrealized foreign currency translation adjustments		1		(1)	
Total accumulated other comprehensive income		928	_	1,633	
Total shareholder's equity	_	6,070		7,313	
Total liabilities and shareholder's equity	\$	63,368	\$	70,111	

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Definitions of Non-GAAP Measures

We believe that investors' understanding of our performance is enhanced by our disclosure of the following non-GAAP measures. Our methods for calculating these measures may differ from those used by other companies and therefore comparability may be limited.

Operating income is net income, excluding:

- · realized capital gains and losses, after-tax, except for periodic settlements and accruals on non-hedge derivative instruments, which are reported with realized capital gains and losses but included in operating income,
- · valuation changes on embedded derivatives that are not hedged, after-tax,
- amortization of deferred policy acquisition costs ("DAC") and deferred sales inducements ("DSI"), to the extent they resulted from the recognition of certain realized capital gains and losses or valuation changes on embedded derivatives that are not hedged, after-tax,
- · gain (loss) on disposition of operations, after-tax, and
- · adjustments for other significant non-recurring, infrequent or unusual items, when (a) the nature of the charge or gain is such that it is reasonably unlikely to recur within two years, or (b) there has been no similar charge or gain within the prior two years.

Net income is the GAAP measure that is most directly comparable to operating income.

We use operating income as an important measure to evaluate our results of operations. We believe that the measure provides investors with a valuable measure of the company's ongoing performance because it reveals trends in our insurance and financial services business that may be obscured by the net effect of realized capital gains and losses, valuation changes on embedded derivatives that are not hedged, gain (loss) on disposition of operations and adjustments for other significant non-recurring, infrequent or unusual items. Realized capital gains and losses, valuation changes on embedded derivatives that are not hedged and gain (loss) on disposition of operations may vary significantly between periods and are generally driven by business decisions and external economic developments such as capital market conditions, the timing of which is unrelated to the insurance underwriting process. Consistent with our intent to protect results or earn additional income, operating income includes periodic settlements and accruals on certain derivative instruments that are reported in realized capital gains and losses because they do not qualify for hedge accounting or are not designated as hedges for accounting purposes. These instruments are used for economic hedges and to replicate fixed income securities, and by including them in operating income, we are appropriately reflecting their trends in our performance and in a manner consistent with the economically hedged investments, product attributes (e.g. net investment income and interest credited to contractholder funds) or replicated investments. Non-recurring items are excluded because, by their nature, they are not indicative of our business or economic trends. Accordingly, operating income excludes the effect of items that tend to be highly variable from period to period and highlights the results from ongoing operations and the underlying profitability of our business. A byproduct of excluding these items to determine operating income is the transparency and understanding of their significance to net income variability and profitability while recognizing these or similar items may recur in subsequent periods. Operating income is used by management along with the other components of net income to assess our performance. We use adjusted measures of operating income in incentive compensation. Therefore, we believe it is useful for investors to evaluate net income, operating income and their components separately and in the aggregate when reviewing and evaluating our performance. We note that investors, financial analysts, financial and business media organizations and rating agencies utilize operating income results in their evaluation of our and our industry's financial performance and in their investment decisions, recommendations and communications as it represents a reliable, representative and consistent measurement of the industry and the company and management's performance. We note that the price to earnings multiple commonly used by insurance investors as a forward-looking valuation technique uses operating income as the denominator. Operating income should not be considered a substitute for net income and does not reflect the overall profitability of our business.

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The following table reconciles operating income and net (loss) income.

(\$ in millions)		Year Ended December 31,						
	_	2013	2012	2011				
Operating income	\$	454 \$	416 \$	370				
Realized capital gains and losses		76	(16)	390				
Income tax (expense) benefit		(29)	6	(139)				
Realized capital gains and losses, after-tax		47	(10)	251				
Valuation changes on embedded derivatives that are not hedged, after-tax		(16)	82	(12)				
DAC and DSI amortization relating to realized capital gains and losses and valuation changes on								
embedded derivatives that are not hedged, after-tax		(5)	(42)	(108)				
DAC and DSI unlocking relating to realized capital gains and losses, after-tax		7	4	3				
Reclassification of periodic settlements and accruals on non-hedge derivative instruments, after-tax		(11)	(36)	(45)				
(Loss) gain on disposition of operations, after-tax		(514)	12	10				
Net (loss) income	\$	(38) \$	426 \$	469				

Operating income return on shareholder's equity is a ratio that uses a non-GAAP measure. It is calculated by dividing the rolling 12-month operating income by the average of shareholder's equity at the beginning and at the end of the 12-months, after excluding the effect of unrealized net capital gains and losses. Return on shareholder's equity is the most directly comparable GAAP measure. We use operating income as the numerator for the same reasons we use operating income, as discussed above. We use average shareholder's equity excluding the effect of unrealized net capital gains and losses for the denominator as a representation of shareholder's equity primarily attributable to the company's earned and realized business operations because it eliminates the effect of items that are unrealized and vary significantly between periods due to external economic developments such as capital market conditions like changes in equity prices and interest rates, the amount and timing of which are unrelated to the insurance underwriting process. We use it to supplement our evaluation of net income and return on shareholder's equity because it excludes the effect of items that tend to be highly variable from period to period. We believe that this measure is useful to investors and that it provides a valuable tool for investors when considered along with net income return on shareholder's equity because it eliminates the after-tax effects of realized and unrealized net capital gains and losses that can fluctuate significantly from period to period and that are driven by economic developments, the magnitude and timing of which are generally not influenced by management. In addition, it eliminates non-recurring items that are not indicative of our ongoing business or economic trends. A byproduct of excluding the items noted above to determine operating income return on shareholder's equity from return on shareholder's equity is the transparency and understanding of their significance to return on shareholder's equity variability and profitability while recognizing these or similar items may recur in subsequent periods. Therefore, we believe it is useful for investors to have operating income return on shareholder's equity and return on shareholder's equity when evaluating our performance. We note that investors, financial analysts, financial and business media organizations and rating agencies utilize operating income return on shareholder's equity results in their evaluation of our and our industry's financial performance and in their investment decisions, recommendations and communications as it represents a reliable, representative and consistent measurement of the industry and the company and management's utilization of capital. Operating income return on shareholder's equity should not be considered a substitute for return on shareholder's equity and does not reflect the overall profitability of our business.

The following table reconciles return on shareholder's equity and operating income return on shareholder's equity.

(\$ in millions)		For the twelve months ended					
			nber 31,				
		2013		2012			
Return on shareholder's equity							
Numerator:							
Net (loss) income	\$	(38)	\$	426			
Denominator:							
Beginning shareholder's equity	\$	7,313	\$	6,067			
Ending shareholder's equity		6,070		7,313			
Average shareholder's equity	\$	6,692	\$	6,690			
Return on shareholder's equity	_	(0.6)%	_	6.4%			
Operating income return on shareholder's equity							
Numerator:							
Operating income	\$	454	\$	416			
Denominator:							
Beginning shareholder's equity	\$	7,313	\$	6,067			
Unrealized net capital gains and losses		1,634		813			
Adjusted beginning shareholder's equity		5,679		5,254			
Ending shareholder's equity		6,070		7,313			
Unrealized net capital gains and losses		927		1,634			
Adjusted ending shareholder's equity		5,143		5,679			
Average adjusted shareholder's equity	\$	5,411	\$	5,467			
Operating income return on shareholder's equity		8.4%		7.6%			

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ALLSTATE LIFE INSURANCE COMPANY

(Registrant)

By: /s/ Samuel H. Pilch Name: Samuel H. Pilch

Title: Senior Group Vice President

and Controller

Date: February 10, 2014