FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL					
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RILEY H JOHN JR						2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]										Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
							3. Date of Earliest Transaction (Month/Day/Year) 05/07/2013 4. If Amendment, Date of Original Filed (Month/Day/Year)										(give title	o Filino	10% Owner Other (specify below) Filing (Check Applicabl		
(Street) NORTHBROOK IL 60062-6127						, (, (, (,									Line)	′					
(City)	(S		(Zip)																		
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					action	ction 2A. Deemed Execution Date				3. Transact Code (In: 8)	ion	4. Securi	of, or B ities Acqu d Of (D) (II	red (A)) or 5. Amou Securitic Benefici Owned I		nt of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										Code	,	Amount	mount (A) or (D)		се	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 05/07/							2013			M		4,000 A		. \$	36.3	24,375			D		
		7	able II -									sed of, onverti				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactior Code (Instr. 3)				Exp	ate Exer iration D nth/Day/	ate	Amount of		of s ng e Secur	D S (I	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exe	e ercisable	Ex Da	piration ite	Title	Amou or Numl of Share	oer						
Non- employee Director Stock Option (Right to	\$36.3	05/07/2013			M			4,000	06/	01/2006	06	/01/2013	Commor Stock	4,00	00	\$0	0		D		

Explanation of Responses:

/s/Lisette Willemsen, attorney-

05/09/2013

in-fact for Mr. Riley

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.