FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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hours per response:		0.5

1. Name and Address <u>SYLLA CASE</u>	1 0		2. Issuer Name and Ticker or Trading Symbol <u>ALLSTATE CORP</u> [ALL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title X Other (specify							
(Last) 2775 SANDERS	(First) ROAD	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/06/2004	below) A below) President Allstate Financial							
(Street) NORTHBROOK	IL	60062	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person							
(City)	(State)	(Zip)		Form filed by More than One Reporting Person							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	02/06/2004		A		12,600(1)	A	\$ <mark>0</mark>	80,086	D	
Common Stock	02/06/2004		М		24,756	A	\$22.63	104,842	D	
Common Stock	02/06/2004		М		3,229	A	\$42.1	108,071	D	
Common Stock	02/06/2004		М		6,642	A	\$37.91	114,713	D	
Common Stock	02/06/2004		S		34,627	D	\$45.47	80,086	D	
Common Stock								1,721.973	I	by 401(k)Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Employee Stock Option (right to buy)	\$22.63	02/06/2004		М			24,756	08/15/1999	08/15/2006	Common Stock	24,756	\$0	0	D	
Employee Stock Option (right to buy)	\$37.91	02/06/2004		М			6,642	02/25/2002	07/26/2005	Common Stock	6,642	\$0	0	D	
Employee Stock Option (right to buy)	\$42.1	02/06/2004		М			3,229	(2)	07/26/2005	Common Stock	3,229	\$0	1,614	D	
Employee Stock Option (right to buy)	\$45.96	02/06/2004		A		95,000		(3)	02/06/2014	Common Stock	95,000	\$0	95,000	D	

Explanation of Responses:

1. Award of restricted stock with tax withholding rights to reporting person pursuant to The Allstate Corporation 2001 Equity Incentive Plan; such restricted stock to vest on February 14, 2008.

2. Option to purchase 1,614 shares of common stock exercisable on April 30, 2004.

3. Grant to reporting person of option to purchase 95,000 shares of common stock exercisable in four increments, each for one-fourth of the total number of said shares, such installments to vest on February 6, 2005, February 6, 2006, February 6, 2007 and February 6, 2008, respectively.

Remarks:

Reflects acquisition of 263.559 shares of The Allstate Corporation common stock since January 31, 2003 under The Savings and Profit Sharing Fund of Allstate Employees, a 401(k) plan, pursuant to the most recent plan statement, dated February 5, 2004.

<u>Sylla Casey J.</u>

02/09/2004 Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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